



PROVIDER ALERT

March 6, 2023

Alert Summary: This alert notifies providers that Skills Building/Community-Based Rehabilitation Services (CBRS) will change from a prior authorized service to a threshold authorized service on May 12, 2023

Dear Provider,

As part of Optum's continued efforts to decrease provider burden and increase member access to care, the utilization management for Skills Building/CBRS service will undergo changes effective May 12, 2023.

Effective May 12, 2023, Optum Idaho will no longer require prior authorization for Skills Building/CBRS until the member has utilized 308 units of the service within a calendar year. Optum Idaho will begin counting units toward the new threshold on May 12, 2023. Like other threshold authorized services, the units will be counted per member per calendar year, regardless of if the member has changed providers during a given year. As the member's service utilization approaches the 308-unit threshold, it is incumbent on the provider to request authorization for additional units when medically necessary to avoid interruptions in member care.

Providers do not need to request prior authorization for the first 308 units. Authorization for units prior to reaching 308 units per calendar year may not be requested for the purpose of place holding or confirmation of authorization. A provider can request prior authorization for additional units beyond the 308-unit threshold via the [Skills Building/CBRS Request Form](#) found at optumidaho.com. Note that the Optum Idaho Medicaid Supplemental Clinical Criteria must be met for admission, continued stay and discharge in all instances

For clinical authorization criteria and/or process questions, please visit optumidaho.com or call the Optum Provider Line at 855-202-0983 and select Option 1 for Clinical. For all other questions, please contact your provider relations advocate.

Thank you,

The Optum Idaho Team